



WaLLi SPRING '23

The Wallace State Lifelong Institute (WaLLi) is open to area residents 50 and over. For information, call 256.352.7803, email walli@wallacestate.edu, or visit www.wallacestate.edu/walli. NOTE: Schedule is subject to change.

Weekly Activities

Weekly activities offered throughout the semester include:

ACTIVITY	DAYS	TIME	LOCATION
Exercise	M, W	8 – 8:45 am	Wellness Center
Stretch Class	M, W, F	9 – 9:45 am	Wellness Center
Volleyball	M, W, F	8 – 10 am	Wellness Center
Line Dancing	F	8 – 8:45 am	Wellness Center

Classes begin Monday, January 9 and end Tuesday, May 9. There will be no classes during Spring Break week (March 27-31).

Monthly Activities

DAY	DATE	ACTIVITY	TIME	LOCATION
January				
Wednesday	11	Bowling	11 am	Cullman Bowling Center
Monday	23	Bingo	10:15 am	Walli Classroom
Wednesday	25	Winter Gardening Checklist	10:15 – 11:15 am	Walli Classroom
Friday	27	Book Club	9:30 am	Walli Classroom
Monday	30	Silhouette Jar Lanterns	10:15 – 11:30 am	Walli Classroom
February				
Wednesday	1	Beginning Crochet (Class 1)	10:15 – 11:15 am	Walli Classroom
Monday	6	Mini Charcuterie Class	10:15 – 11:30 am	Walli Classroom
Wednesday	8	Bowling	11 am	Cullman Bowling Center
Wednesday	8	Beginning Crochet (Class 2)	10:15 – 11:15 am	Walli Classroom
Monday	13	Potluck Lunch: Valentine's Day	11 am	JBC 12th Floor
Wednesday	15	Beginning Crochet (Class 3)	10:15 – 11:15 am	Walli Classroom
Thursday	16	Yesterday's Show: Silvery Moon	9:30 am – 3 pm	Bus departs Bevill Bldg
Monday	20	Bunco	10:15	Walli Classroom
Wednesday	22	Beginning Crochet (Class 4)	10:15 – 11:15 am	Walli Classroom
Friday	24	Book Club	9:30 am	Walli Classroom
Monday	27	Bingo	10:15 am	Walli Classroom
March				
Monday	6	Card Games	10:15 am	Walli Classroom
Wednesday	8	Bowling	11 am	Cullman Bowling Center
Monday	13	T-Shirt Design Workshop	10:15 – 11:15 am	Walli Classroom
Wednesday	15	Lunch Bunch: Puckett's Grocery	11 am	Meet at restaurant
Friday	17	Self Defense for Women	10:30 am – Noon	WC – Cheer Room
Monday	20	Bunco	10:15 am	Walli Classroom

Friday	24	Book Club	9:30 am	Walli Classroom
Mon.–Fri.	27 – 31	Spring Break – no classes		
April				
Monday	3	Lymphatic Drainage Workshop	10:30 – 11:30 am	Walli Classroom
Monday	10	Pressed Flower Art	10:15 – 11:30 am	Walli Classroom
Wednesday	12	Back It On Up Workshop	10:30 – 11:45 am	Hopper Bldg
Monday	17	Bunco	10:15 am	Walli Classroom
Wednesday	19	Bowling	11 am	Cullman Bowling Center
Thursday	20	Lunch Bunch: Stone Bridge Farms	11 am	Meet at restaurant
Monday	24	Bingo	10:15 am	Walli Classroom
Tuesday	25	Amish Tour	7:30 am – 5 pm	Bus departs at Coliseum
Friday	28	Book Club	9:30 am	Walli Classroom
May				
Monday	1	Card Games	10:15 am	Walli Classroom
Wednesday	3	Potluck: A, B, C's	11 am	JBC 12th Floor

M	D	R	A	S	P	O	T	L	U	C	K
L	E	W	O	P	X	J	O	A	A	N	L
F	L	O	W	E	R	S	E	N	K	P	W
G	D	E	A	P	Q	P	T	T	I	U	L
N	K	R	E	V	E	R	S	E	T	C	P
C	A	R	D	S	V	I	M	R	W	K	E
P	S	U	D	Z	K	N	G	N	I	E	B
B	O	W	L	I	N	G	E	J	I	T	A
I	V	O	U	H	S	T	A	Q	Y	T	Y
N	C	M	C	R	O	C	H	E	T	S	L
G	W	A	L	L	Y	I	X	L	B	S	E
O	C	H	A	R	C	U	T	E	R	I	E



Word Search

Spring
Lantern
Bowling
Flowers
Crochet
Reverse

Potluck
Bingo
Baylee
Pucketts
Charcuterie
Cards



Find the secret word!
A hint: He may be fierce,
but there is always a smile
on his face!