



WALLACE STATE
HANCEVILLE - ONEONTA

Wallace State Lifelong Learning Institute
Live Well. Learn On.

Fall 2024

Schedule

Wallace State Community College

256.352.7803 • wallacestate.edu/WaLLi

WaLLi — WALLACE STATE LIFELONG LEARNING INSTITUTE

The Wallace State Lifelong Learning Institute (WaLLi) is for individuals aged 50 and up and offers a unique learning community that is life-enriching, that provides opportunities to engage with new people, and offers intellectually stimulating events and travel. Each semester there are a wide range of activities scheduled such as cultural events, arts and crafts, movies, day trips, luncheons, lectures, games, a book club, and events highlighting

our local communities. Other offerings may include computer and technology courses, health-related topics and health fairs, competitions and overnight excursions. Use of the Wallace State Wellness Center and gym is also included as a component of the WaLLi program. Courses are taught by volunteers and instructors who share their knowledge and passions.

Membership

Membership includes (each semester):

- Wallace State Wellness Center and gym membership
- Unlimited WaLLi courses and activities
- Seminars and cultural events at WSCC and from community and departmental partners including student admission to WSCC music and theatre productions held at WSCC
- Trips, tours, social luncheons, holiday parties, movies and contests

- Small group activities – WaLLi Lunch Bunch, WaLLi Book Club
- Free use and circulation privileges at WSCC Library
- Free admission to WSCC-sponsored home athletic events and the Burrow Museum
- Access to discounted WSCC services
- Free WaLLi t-shirt with one-year membership

WaLLi offers a variety of membership options, giving you the opportunity to choose a level that best fits your lifestyle

Membership fees:

One year program (begins and ends annually in August).....	\$120
Fall Semester (mid-August through mid-December).....	\$50
Spring Semester (January through first week in May).....	\$50
Summer Semester (mid-May through mid-August).....	\$35

The WaLLi program follows the academic calendar of WSCC. Check the WSCC website or the semester printed schedule for registration dates and for the beginning/ending of classes each term.

Contact Us

Need more information or to contact us?

WaLLi Office: Wellness Center, Room 111

Email: WaLLi@wallacestate.edu

Phone: 256.352.7803 - Please leave a message and we will return your call as soon as possible. Thank You!

Mailing Address: WaLLi Program, P.O. Box 2000, Hanceville, AL 35077

Website: www.wallacestate.edu/WaLLi

Website includes the WaLLi application, schedules, monthly calendar downloads, registration forms, and travel forms.

Facebook: www.facebook.com/groups/WSCCWaLLi/

Instagram: www.instagram.com/wscw_WaLLi/

Twitter: <https://twitter.com/wscwWaLLi/>

Senior Adult Scholarships

As stated in the WSCC College Catalog (2023-2024, p. 58): “Students meeting institutional admission requirements, who are 60 years of age or older, are eligible for the Senior Adult Scholarship Program, which covers tuition only. The scholarship can be used for transitional and credit courses leading to an associate degree, diploma, or certificate. Courses may also be audited for no college credit or grade. Re-peat courses are not eligible. Students must pay fees by the published deadline each semester.”

Other requirements may apply. For more information contact the Financial Aid Office – 256.352.8182.

Registration Days for Fall 2024 Semester

This program registers throughout the semester; however, the dates and times listed below ensure that someone will be in the WaLLi office to assist in registration.

Register from 8-11 a.m. in Wellness Center Room 110:

Wednesday, August 14

Friday, August 16

Monday, August 19

Remember, many activities have class limits and are available on a first-come, first-served basis. Sandy Seibert is available to assist you on Monday, Wednesday and Friday from 7 to 11:30 a.m., once classes begin.

Registration & Policies

To allow as many members as possible to participate, the following policies are in effect for the WaLLi program:

- Only register for activities you plan to attend.
 - If your plans change, promptly contact the WaLLi Office at 256.352.7803 to withdraw.
 - Members may register for only one course per any given day/time slot.
 - Only participants registered for the activity will receive communication from the WaLLi Office or instructor.
 - Health fairs, WSCC programs such as musical and theatre productions, and the WSCC home athletic events do not require registration. Just show your WaLLi membership card at the door for free admission.
 - Credit/debit card is the preferred method of payment; however, we do accept cash and checks.
 - In order for scheduled classes to be held, there must be a minimum number of ten people registered for the workshop or activity.
 - Activities requiring transportation require a minimum of 30 participants. Registration will remain open until one week prior to the date of the event and, if there are fewer than the required registrants, it will be canceled. Anyone registered will be notified prior to the event.
 - For trips, you will not be on the official registration list until you complete and submit the required paperwork and fee (if applicable) for the event. We will not hold seats for anyone without required forms or payment on file.
- Classes and trips will be filled on a first come-first served basis and, once filled, everyone else will be wait-listed. If we reach the required number of participants to make another section and are able to secure the instructor again, we will add another section and notify you of the new date and time of the workshop/event. Trips will require 30 people for another bus to be scheduled and will occur on the same day/time.
 - Any activities requiring an additional fee must be paid prior to formal registration for the event. No refunds will be issued unless the activity is canceled by the college. Should a participant need to cancel, then they may find someone to fill their slot; however, the participant is responsible for any registration fee monetary exchange between them and the substitute.
 - Unless otherwise noted in the schedule, all classes are held in the Wellness Center and all buses for the trips load in the Coliseum parking lot.
 - In case of inclement weather check local media broadcasts or the Wallace State website for closing or delay announcement. If the college is closed then all activities are canceled.

Wallace State Services

By being a member of WaLLi, participants may take advantage of services offered through WSCC programs including:

- Dental Clinic - teeth-cleaning and x-rays, 256.352.8300
- Salon and Spa Management – full range of services, 256.352.7819 (cut, style, color, perm, waxing, manicures and pedicures)
- Automotive Service Technology – range of services, 256.352.8151 (on vehicles 10 years old or less, cost of supplies plus 20%)
- Agriculture and Horticulture – seasonal plant sales, 256.352.8035
- Alumni Association – join for student rate of \$20, 256.352.8071

Wellness Center Hours

Spring and Fall Semesters

6:30 am to 7:00 pm, Monday, Wednesday
8:00 am to 7:00 pm, Tuesday, Thursday
6:30 am to 12:00 pm, Friday

Summer Semester

6:30 am to 2:00 pm, Monday, Wednesday
8:00 am to 2:00 pm, Tuesday, Thursday
6:30 am to 12:00 pm, Friday

Semester-Long Activities

Classes begin Monday, August 19 and end on Tuesday, December 17.

Exercise	M, W	8 – 8:45 am	Wellness Center
Stretch Class	M, W, F	9 – 9:45 am	Wellness Center
Walliball	M, W, F	8 – 10 am	Wellness Center
Line Dancing	F	8 – 8:45 am	Wellness Center
Chess	W	11 am	Student Center
Ping Pong	M, W, F	7 am	Wellness Center

LUNCH BUNCH (meet at restaurant, meal at your expense)

September 28	11 am	Freddy Day’s Catering 1628 2nd Ave NW, Cullman
October 24	11 am	Kim’s Parkside Restaurant 13610 AL-69, Baileyton, AL

CARD GAMES (Games played are dealer’s choice)

September 9	10:15 am	Walli Classroom
October 7	10:15 am	Walli Classroom
November 4	10:15 am	Walli Classroom
December 2	10:15 am	Walli Classroom

BOOK CLUB

September 13	9:30 am	Walli Classroom
October 11	9:30 am	Walli Classroom
November 8	9:30 am	Walli Classroom
December 13	9:30 am	Walli Classroom

POTLUCK LUNCHES
October 30, 11 am, JBC 12th Floor
Halloween Costume Contest and guest speaker Jessie Douglas Taylor, a Biologist with Alabama Quail Forever. No chosen menu, just something tasty!

BINGO

August 26	10:15 am	Walli Classroom
September 30	10:15 am	Walli Classroom
October 28	10:15 am	Walli Classroom

December 11, 11 am, JBC 12th Floor
Christmas meal – you bring the sides, and we will supply the meat.

MEDITATION

August 30	10:30 am	Walli Classroom
September 27	10:30 am	Walli Classroom
October 25	10:30 am	Walli Classroom
November 22	10:30 am	Walli Classroom

Hobbies, Health & More

PAPER MAKING WORKSHOP

August 28, 10:30 am – 11:30 am
WaLLi Classroom, Wellness Center

Roberta McClellan from the Cullman County Soil and Water Conservation agency joins us today to show us how to use scraps of paper, water and an iron to make handmade paper. If you want to bring some seeds to add to your paper, these make great paper cards that you can plant. All other materials needed (other than the optional seeds) to complete the project will be provided.

MEDITATION WORKSHOP SERIES

Various dates, 10:30 am – 11:30 am
WaLLi Classroom, Wellness Center

Meditation is a practice involving mental and physical techniques to improve brain health and overall well-being. Christine Wiggins, Associate Licensed Counselor and WSCC Title III Director, will show you how to mediate properly so that you can see the benefits of regular meditation practice. Sessions will be held on August 30, September 27, October 25 and November 22 – try to come to all if possible.

WALLI SPELLING BEE

September 16, 10:30 am
WaLLi Classroom, Wellness Center

Have you ever taken part in a spelling bee? Most likely it was

part of our school days when we were learning to spell and write. Well, come show us what you’ve still got at our spelling bee. Prizes awarded for the winner and runner-up.

BASIC AUTO MAINTENANCE

September 23, 10:30 am – Noon
Auto Tech Building

Need to learn or need a refresher on how to do some basic auto care? Adam Frazar, Advanced Automotive Service Technology Instructor, will show you how to replace windshield wipers, check your oil, replace your oil/oil filter, check the pressure in your tires and will share other valuable information. Wear clothes that can get dirty and meet at the Fred Shockley Automotive Technology Building (behind the police station and in front of the walking track).

CORNHOLE TOURNAMENT

October 14, 10:15 am
Wellness Center

Come give cornhole a try and see if you and your Walli partner can win this doubles tournament. Don’t have a partner? Come anyway and we will find someone to join your team. Prizes awarded to the first place and runner-up team.

VALUING COINS WORKSHOP I

October 21, 10:30 – 11:30 am

WaLLi Classroom, Wellness Center

Jimmy Posey, WSCC Police Officer and owner of Silver Alabama, will give you information on coin collecting as well as valuing coins. Who knows, you might be sitting on a million dollars in your piggy bank!

VALUING COINS WORKSHOP II

December 16, 10:30 – 11:30 am

WaLLi Classroom, Wellness Center

Jimmy is back to further your knowledge on coin collecting as well as valuing coins. Bring any coins you have questions about and see if they are valuable.

HALLOWEEN COSTUME CONTEST, POTLUCK LUNCH, AND GUEST SPEAKER

October 30, 11 am

JBC 12th Floor

Come dressed in your spookiest, craziest or cutest costume and enter the contest – prizes awarded to the winner and runner-up. You do not have to wear a costume to eat lunch or hear the speaker. We will also have a potluck lunch (bring whatever you want) and Jessie Douglas Taylor, Biologist from Alabama Quail Forever, will be our speaker today. This organization is a nonprofit conservation group dedicated to the protection and enhancement of quail and other upland bird populations. Jessie will bring awareness to the downward spiral of Bobwhite quail populations in Alabama and discuss ways to support initiatives to develop habitats.

Classes for Crafters, Cooks & Artists

GROWING AND PROPAGATING HOUSEPLANTS

September 4, 10:30 am – Noon

WaLLi Classroom, Wellness Center

Jayne Luetzow, Regional Extension Agent with the Lawrence County Extension Office, teaches you how to care for and to propagate your houseplants.

MINI SUNFLOWER CRAFT CLASS

September 18, 10:15 am – 11:30 am

WaLLi Classroom, Wellness Center

Using upholstered materials, Baylee will show you how to create small sunflowers to be displayed in arrangements or on wood. The \$15 fee includes instruction and all materials. Limited to 20 participants.

DOUBLE-SIDED CUTTING BOARD DÉCOR CLASS

October 16, 10:15 am – 11:30

WaLLi Classroom, Wellness Center

Baylee brings cutting boards, paint and other materials to create a two-sided piece. One side features a fall design and the other side a Christmas design. The \$20 fee includes all materials and instruction for the class. Limited to 25 participants.

NO-SEW CHRISTMAS DECORATIONS

November 13, 10:30 am – Noon

WaLLi Classroom, Wellness Center

Patee Stafford, crafter extraordinaire and Walli member, will show you ways to create festive holiday ornaments and décor without having to sew. The \$6 fee includes all materials and instruction. Limited to 25 participants.

CARDMAKING WORKSHOP

November 18, 10:30 am – 11:30 am

WaLLi Classroom, Wellness Center

Whether you are brand new to paper crafting or are an experienced card maker, you will enjoy this class and leave with cards you will be proud to send for the holidays. Gail Walker, former WSCC instructor, will lead you in creating these fun cards. The \$5 fee includes instruction and most materials.

Bring your own scissors and glue. Class limited to 25 participants.

SNOWMAN CANVAS PAINTING CLASS

November 20, 10:15 am – Noon

WaLLi Classroom, Wellness Center

Baylee provides step-by-step instructions on how to paint a whimsical snowman on canvas – guaranteed to bring a smile to your face. The \$15 fee includes all materials. Class limited to 25 participants.

HOLIDAY COOKIE DECORATING CLASS

December 9, 10:30 am – Noon

WaLLi Classroom, Wellness Center

Pat Horton, cake decorator and caterer, will instruct you on ways to create custom decorated cookies for the holidays. You will take home a half-dozen decorated cookies and have a great time making them. Make certain to bring a container in which to take home your cookies. The \$25 fee includes baked cookies, icing, decorating supplies, and instruction. Class limited to 25 participants.

Alumni Association Membership



WALLACE STATE
ALUMNI

WaLLi members may join the Wallace State Alumni Association at the student rate of \$20 per year (September 1-August 31). Go to www.wsccalumni.org, see Sandy, or come by the Alumni office located on the 11th floor of the Bailey Center, Room 1101.

Day Trips

ICE CREAM SOCIAL

September 11, 11:30 am

Hanceville Drug Store

Remember those wonderful ice cream parlors with those mile-high banana splits, floats, milkshakes and more? When you visit the Soda Fountain at Hanceville Drug Store, you will feel as if you have stepped back in time. Join fellow Walli members for 25% off treats – you won't be disappointed.

DAY TRIP TO OLD CAHAWBA

September 26, 7:30 am – 5 pm

Bus departs Coliseum

Old Cahawba is Alabama's most famous ghost town. In 1819, the town was carved out of the wilderness to be the state's first capital. Although the state changed the location of the capital in 1826, Cahawba continued to grow into a thriving and wealthy river town. By 1870, however, the population diminished to 300. By the turn of the century most of Cahawba's buildings were lost to fire, decay, or dismantlement. Today we take a guided tour among the abandoned streets and picturesque ruins. After the tour, we will have lunch (at your expense) at the Orville Farmer's Market Restaurant. The \$15 fee includes transportation, admission and the guided tour at Old Cahawba Archaeological Park. Wear comfortable walking shoes. Limited to 50 participants.

SENIOR DAY AT CULLMAN OKTOBERFEST

October 4, 10 am – 1 pm

Cullman Farmer's Market

Come to the Hofbrauhaus at the Cullman Farmer's Market to celebrate this annual event with live music, food, dancing, bingo & door prizes. Free lunch on first come, first served basis.

SENIOR DAY AT CULLMAN COUNTY FAIR

October 9, 10 am – 1 pm

Cullman Fairgrounds

Seniors get in free today to enjoy the fair – no kids to dodge!

DAY TRIP TO THE POLK MUSEUM – COLUMBIA, TN

November 21, 8 am – 5 pm

Bus departs Coliseum

James K. Polk served as the 11th U.S. President from 1845-49. He is credited for expanding the borders of the United States to the Pacific Ocean, adding three states to the Union, overseeing the opening of the Naval Academy and the Smithsonian Institute, commissioning the Washington Monument, and issuing the first postage stamp. Polk served on the Tennessee legislature, the U.S. House of Representatives and as Governor of Tennessee. Today we will enjoy a docent-guided tour of the main house and a self-guided tour of the Polk Sisters' House, gardens, and kitchen building. After the tour we will have lunch (at your expense) before heading back home. There might be a stop at Bucee's as well! The \$18 fee includes transportation, admission to the Polk Museum and the guided tour. Limited to 50 participants.

SENIOR NIGHT AT WINTER WONDERLAND

December 5, 5:30 pm- 8:30 pm

Sportmans Lake

As long as there is a senior (aged 60+) in the vehicle, everyone gets in free to this annual drive-thru event. Check out a variety of still and moving light displays, then hit the concessions stand for a warm cup of hot cocoa or a photo op with Santa Claus! Other attractions include the Christmas train, horse and carriage rides (select nights), snow machine, and Santa's Photo Booth.

Alumni Association Travel

AUTUMN GETAWAY TOUR

September 30-October 3

Paducah, Bardstown, Pleasant Hill, KY
Shaker Village, National Quilt Museum, My Old Kentucky Home, Abraham Lincoln's Birthplace and much more!

Price Range- \$766-\$1127

<https://www.wscalumni.org/KY24>



WINTER WONDERLAND HOLIDAY

December 3-6

Helen, Blue Ridge, Dahlonega, GA
Blue Ridge Scenic Railway train ride, holiday splendor of Helen and Dahlonega, Victorian Christmas, Smith House and more!

Price range- \$860-\$1257

<https://www.wscalumni.org/Dec24>





FALL '24

The Wallace State Lifelong Institute (WaLLi) is open to area residents 50 and over. For information, call 256.352.7803, email WaLLi@wallacestate.edu, or visit www.wallacestate.edu/WaLLi. NOTE: Schedule is subject to change.

Weekly Activities				
Weekly activities offered throughout the semester include:				
ACTIVITY	DAYS	TIME	LOCATION	
Exercise	M, W	8 – 8:45 am	Wellness Center	
Stretch Class	M, W, F	9 – 9:45 am	Wellness Center	
Walliball	M, W, F	8 – 10 am	Wellness Center	
Line Dancing	F	8 – 8:45 am	Wellness Center	
Chess	W	11 am	Student Center	
Ping Pong	M, W, F	7 am	Wellness Center	

Classes begin Monday, August 19 and end on Tuesday, December 17. There will be no classes during the week of Thanksgiving (November 20 – 24).

Monthly Activities				
DAY	DATE	ACTIVITY	TIME	LOCATION
August				
Wednesday	14	Walli Registration	8 – 11 am	WC 110 and 111
Friday	16	Walli Registration	8 – 11 am	WC 110 and 111
Monday	19	Walli Registration	8 – 11 am	WC 110 and 111
Monday	19	Classes Begin	10:15 am	WaLLi Classroom
Monday	26	Bingo	10:15 am	Walli Classroom
Wednesday	28	Paper Making Class	10:30 – 11:30 am	Walli Classroom
Friday	30	Meditation	10:30 – 11:30 am	Walli Classroom
September				
Friday	2	College Closed – Labor Day Holiday		
Wednesday	4	Growing/Propagating Houseplants	10:30 – Noon	Walli Classroom
Monday	9	Card Games	10:15 am	Walli Classroom
Wednesday	11	Ice Cream Social	11 am	Hanceville Drug Store
Friday	13	Book Club	9:30 am	Walli Classroom
Monday	16	Spelling Bee	10:30 am	Walli Classroom
Wednesday	18	Sunflower Craft Class	10:15 – 11:30 am	Walli Classroom
Thursday	19	Lunch Bunch	11 am	Freddy Day’s Catering
Monday	23	Basic Auto Maintenance	10:30-- Noon	Auto Tech Bldg
Thursday	26	Trip to Cahawba	7:30 am – 5 pm	Depart at Coliseum
Friday	27	Meditation	10:30- 11:30 am	Walli Classroom
Monday	30	Bingo	10:15 am	Walli Classroom

October				
Friday	4	Senior Day at Oktoberfest	10 am – 1 pm	Cullman Festhalle
Monday	7	Card Games	10:15	Walli Classroom
Wednesday	9	Senior Day at Cullman Fair	10 am – 1 pm	Cullman Fairgrounds
Friday	11	Book Club	9:30 am	Walli Classroom
Monday	14	Corn Hole Tournament	10:15 am	Wellness Center
Wednesday	16	Painted Cutting Board Class	10:15 – 11:30 am	Walli Classroom
Monday	21	Valuing Coins – Part 1	10:30 – 11:30 am	Walli Classroom
Thursday	24	Lunch Bunch – Kim’s Parkside	11 am	Baileyton, AL
Friday	25	Meditation	10:30 – 11:30 am	Walli Classroom
Monday	28	Bingo	10:15 am	Walli Classroom
Wednesday	30	Potluck, Costume Contest	11 am	JBC 12th Floor
November				
Monday	4	Card Games	10:15 am	Walli Classroom
Friday	8	Book Club	9:30 am	Walli Classroom
Monday	11	College Closed: Veteran’s Day	11 am	JBC 12th Floor
Wednesday	13	No Sew Christmas Decor	10:15 am – Noon	Walli Classroom
Monday	18	Card Making Class	10:30 – 11:30 am	Walli Classroom
Wednesday	20	Snowman Canvas Painting	10:15 am – Noon	Walli Classroom
Thursday	21	Trip to Polk Museum	8 am – 5 pm	Depart at Coliseum
Friday	22	Meditation	10:30 – 11:30 am	Walli Classroom
Mon - Fri	25 – 29	NO CLASSES	10:15	WaLLi Classroom
December				
Monday	2	Card Games	10:15 am	Walli Classroom
Thursday	5	Winter Wonderland Senior Night	5:30 – 8:30 pm	Sportsman Lake
Monday	9	Holiday Cookie Decorating	10:30 am – Noon	Walli Classroom
Wednesday	11	Christmas Potluck	11 am	JBC 12th Floor
Friday	13	Book Club	9:30 am	Walli Classroom
Monday	16	Valuing Coins – Part 2	10:30 – 11:30 am	Walli Classroom
Tuesday	17	Last Day of Class for Semester		