

Health Reference Center

Reliable, Detailed Information on Today's Most Important Health Topics



Now better than ever!

"...well-organized and easy to navigate...
vibrant and engaging..."—LIBRARY JOURNAL

"...extremely user-friendly and informative, and
a useful tool for those who seek at-a-glance,
health-related information...**Recommended.**"
—CHOICE

"...a very useful entry point to reliable health
information...**an excellent choice**..."—REFER-
ENCE REVIEWS

"...a unique database with deep content with
great browse searching, good illustrations
and videos, and useful learning centers...
recommend[ed]..."—AMERICAN REFERENCE
BOOKS ANNUAL

An Essential Resource for Your Health Courses, Guidance Department, and General Student Use

Health Reference Center includes in-depth coverage of body systems, health issues, diseases, conditions, and treatments, as well as information specific to men, women, children, teens, and seniors. Focused Topic Centers highlight specially selected content to help users find a starting point for their research. The authoritative source list features up-to-date, expertly researched and written content, including a wealth of proprietary titles—information researchers can trust.

This important resource helps improve analytical and decision-making skills, addresses social pressures and influences, and provides functional health knowledge that encourages users to practice healthy behaviors.

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Health Reference Center

HIGHLIGHTS AND FEATURES

The screenshot displays three topic center panels. The 'Mental Health and Suicide' panel includes sections like 'Suicide: An Overview', 'Suicide in Adolescents and Teenagers', 'Suicide Prevention', 'Myths and Inaccuracies about Suicide', 'Mental Health in Children and Adolescents', 'Developmental Disorders', and 'Behavior Therapy'. The 'Cancer' panel features 'Cancer: An Overview', 'Understanding Cancer Statistics', 'The Role of Diet in Cancer', 'Exercise and Cancer Prevention', 'Lifestyle Factors and Cancer Risk', 'Nutrition and Cancer Treatment', and 'Childhood Cancers'. The 'Coronary Artery Disease: Disease and...Ease' panel shows a video player with a heart illustration and a mobile device showing a similar illustration.

Related Key Resources in Each Topic Center—

including videos, images, tables, and data—provide relevant visual material to help explain important or complex topics.

This block contains two diagrams. The first is an anatomical diagram of the human endocrine system, labeled 'Glands', showing the hypothalamus, pituitary, thyroid, parathyroid, adrenal, pineal, and pancreas. The second is a diagram titled 'Indoor Allergen Control Measures' with a table of allergens and their locations.

Allergen	Where
Cat and dog dander	Return parts of allergens are in saliva. They are present in hair and shed out naturally.
Cockroaches	Obtain control of professional extermination in October and stay to work. But keep children away from.
Dust mites	Wash mattresses below 130°F with soluble bleach. Dry in sunlight or a dehumidifier when humidification. Remove mattress and bed and hypo-allergenic covers. Avoid failure to wash and use vacuum cleaner with HEPA filter.

↑ **Editorially Curated Topic Centers:** specially selected content on key areas of health, specific types of diseases and disorders, and other reference topics. These comprehensive Topic Centers provide valuable study guides and entry points into the database.

Plus—

- **Comprehensive coverage:** a wealth of articles, videos, and illustrations on diseases and timely health topics
- **Journal articles** from PubMed Central and reference articles from MedlinePlus
- **Daily health news videos:** “Today’s Health” section featuring a new health news video five days a week from HealthDay TV to help users stay on top of the latest information
- **Videos and illustrations:** 5,000+ informational video clips and 2,500+ searchable color illustrations, many organized into convenient collections
- **Suggested Research Topics:** handpicked selections that showcase the best resources
- for each topic and provide guidance for research
- **Authoritative source list:** a complete inventory, by type, of the extraordinary amount of content in the database
- **Dynamic citations** in MLA, APA, Chicago, and Harvard formats, with EasyBib export functionality
- Writing and research tips for students and educators
- Detailed information on healthy lifestyle choices, recognizing diseases, and seeking treatment
- Convenient A-to-Z topic lists
- Real-time, searchable Reuters® newsfeed
- Tag “clouds” for all content, linking to related material
- Search Assist technology
- BMI and conversion calculators
- Listing of various hotlines
- Read Aloud tool
- Google Translate
- Persistent record links
- A variety of integration options and partners, including Canvas and D2L (Desire2Learn)
- Ability for users to set preferences for default language, citation format, and more
- Searchable Support Center with valuable help materials, how-to tips, tutorials, and live help chat